

# BODY ECLIPSE PILATES®

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## Pilates Matwork Classes • June ~ July 2025

- **Block 116** Wednesday 4<sup>th</sup> June - Thursday 3<sup>rd</sup> July 5 weeks £55

<b>Wednesday</b>	9.30am	<b>Intermediate</b> <sup>Lv3</sup>	Village Hall, Main Street, CROPTHORNE, WR10 3NH
	10.45am	<b>Improvers</b> <sup>Lv2</sup>	
<b>Thursday</b>	9.30am	<b>Intermediate</b> <sup>Lv3</sup>	Village Hall, School Lane, ECKINGTON, WR10 3AU
	10.45am	<b>Improvers</b> <sup>Lv2</sup>	
	6.30pm	<b>Intermediate</b> <sup>Lv3</sup>	Village Hall, Main Street, CROPTHORNE, WR10 3NH
	7.45pm	<b>Intermediate</b> <sup>Lv3</sup> / <b>Advanced</b> <sup>Lv4</sup>	

- Matwork Classes 1 hour, limited to a maximum of 12 [booking essential]
- Individual classes not paid for as a block ~ £13/class

## Pilates@Home Classes • June ~ July 2025

- **Block 30** Tuesday 3<sup>rd</sup> June - Friday 4<sup>th</sup> July 5 weeks £45

<b>Tuesday</b>	6.00pm	<b>Intermediate</b> <sup>Lv3</sup>
<b>Friday</b>	1.30pm	<b>Improvers</b> <sup>Lv2</sup> / <b>Intermediate</b> <sup>Lv3</sup>

- 50% reduction in block/class fee for the second person from the same household
- Zoom Classes 1 hour, limited to a maximum of 9
- Individual classes not paid for as a block ~ £11/class

## Pilates@Home Private Lessons • 2<sup>nd</sup> June ~ 4<sup>th</sup> July 2025

<b>Monday</b>	10:00	11:30	13:30	15:00	16:30
<b>Friday</b>	10:00	11:30	~	15:00	16:30

- **1:1 Matwork** [1 hr] ~ £40 Block of 3 ~ £110 Block of 5 ~ £170
- **1:1 Matwork** [½hr] ~ £25 Block of 3 ~ £70 Block of 5 ~ £105

- Payment by BACS transfer, cheque [payable to Body Eclipse Pilates] or cash



Matwork • Reformer • Trapeze www.bodycontrolpilates.com



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