

# BODY ECLIPSE PILATES®

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The current block of Matwork & Pilates@Home classes finish on **23<sup>rd</sup> May**, with a **1 week** break.

If you wish to continue attending class, June information below.

If you would like to move to a different class please check availability with me.

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## **Pilates Matwork Classes • Block 116**

Wednesday **4<sup>th</sup> June – 3<sup>rd</sup> July** 2025

5 week • **£55**

<b>Wednesday</b>	9.30am	Intermediate ~ lv3	Cropthorne Village Hall WR10 3NH
	10.45am	Improvers ~ lv2	
<b>Thursday</b>	9.30am	Intermediate ~ lv3	Eckington Village Hall WR10 3AU
	10.45am	Improvers ~ lv2	
	6.30pm	Intermediate ~ lv3	Cropthorne Village Hall WR10 3NH
	7.45pm	Intermediate / Advanced ~ lv3-4	

- Matwork Classes 1 hour, limited to a maximum of 12 [booking essential]
  - Individual classes not paid for as a block ~ **£13 / class**
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There are 2 ways to pay by 6<sup>th</sup> June :

- **On-line banking**, with your name as reference  
Name, Body Eclipse Pilates; please ask for sort code & account number
- **Cash** [exact amount please]
- Classes are **pre-booked** & payable at the start of each block.
- **No refunds** are given for **missed classes**, but if you are unable attend a class, I will do my best to offer you catch-up classes during the block.

Thank you,  
*Melanie*

Pilates@Home details over leaf → → →

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## Pilates@Home Classes • Block 30

Tuesday **3<sup>rd</sup> June** – Friday **4<sup>th</sup> July** 2025

5 week • **£45**

<b>Tuesday</b>	6.00pm	Intermediate ~ lv3
<b>Friday</b>	1.30pm	Improver / Intermediate ~ lv2-3

- 50% reduction in block/class fee for second person from same household
  - Zoom Classes 1 hour, limited to a maximum of 9
  - Individual classes not paid for as a block ~ **£11 / class**
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## Pilates@Home Private Lessons • 2<sup>nd</sup> June - 4<sup>th</sup> July 2025

<b>Monday</b>	10am	11.30am	1.30pm	3pm	4.30pm
<b>Friday</b>	10am	11.30am	~	3pm	4.30pm

- **1:1 Matwork** [1 hr] ~ £40      Block of 3 ~ £110      Block of 5 ~ £170
- **1:1 Matwork** [½hr] ~ £25      Block of 3 ~ £70      Block of 5 ~ £105



Matwork • Reformer • Trapeze [www.bodycontrolpilates.com](http://www.bodycontrolpilates.com)



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