

BODY ECLIPSE PILATES®

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Pilates Matwork & Pilates@Home classes restart on 22nd April.

If you wish to continue attending class, April - May information below.
If you would like to move to a different class please check availability with me.

Pilates Matwork Classes • Block 115

Wednesday **23rd April** – Thursday **22nd May** 2025

5 week • **£55**

Wednesday	9.30am	Intermediate ~ lv3	Crothorne Village Hall WR10 3NH
	10.45am	Improvers ~ lv2	
	6.30pm	Intermediate ~ lv3	Wulstan Hall, Pershore WR10 1EB
	7.45pm	Intermediate / Advanced ~ lv3-4	
Thursday	9.30am	Intermediate ~ lv3	Eckington Village Hall WR10 3AU
	10.45am	Improvers ~ lv2	
	6.30pm	Intermediate ~ lv3	Crothorne Village Hall WR10 3NH
	7.45pm	Intermediate / Advanced ~ lv3-4	

There are 2 ways to pay by 25th April :

- **On-line banking**, with your name as reference
Name, Body Eclipse Pilates; please ask for sort code & account number
- **Cash** [exact amount please]
- Classes are **pre-booked** & payable at the start of each block.
- **No refunds** are given for **missed classes**, but if you are unable attend a class, I will do my best to offer you catch-up classes during the block.

Thank you,
Melanie

Pilates Matwork Classes 2025

- **Block 116** Wednesday 4th June – Thursday 3rd July 5 weeks £55
 - Matwork Classes 1 hour, limited to a maximum of 12 [booking essential]
 - Individual classes not paid for as a block ~ **£13 / class**
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Pilates@Home Classes • Block 29

Tuesday **22nd April** – Friday **23rd May** 2024

5 week • **£45**

Tuesday	6.00pm	Intermediate ~ lv3
Friday	1.30pm	Improver / Intermediate ~ lv2-3

- 50% reduction in block/class fee for second person from same household
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Pilates@Home Classes 2025

- **Block 30** Tuesday 3rd June – Friday 4th July 5 weeks £45
 - Zoom Classes 1 hour, limited to a maximum of 9
 - Individual classes not paid for as a block ~ **£11 / class**
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Pilates@Home Private Lessons • 21st April - 4th July 2025

Monday	10am	11.30am	1.30pm	3pm	4.30pm
Friday	10am	11.30am	~	3pm	4.30pm

- **1:1 Matwork** [1 hr] ~ £40 Block of 3 ~ £110 Block of 5 ~ £170
 - **1:1 Matwork** [½hr] ~ £25 Block of 3 ~ £70 Block of 5 ~ £105
 - **2:1 Matwork** [1 hr] ~ £55 Block of 3 ~ £150 Block of 5 ~ £235
 - Block payments for private lessons are valid for 12 months
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Referral Bonus

You receive a **£10 voucher** for each referral that books a block of classes or a Pilates@Home Private lesson. The voucher can be redeemed in part payment for Matwork or Pilates@Home classes or Pilates@Home private lessons.



Matwork • Reformer • Trapeze www.bodycontrolpilates.com



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