

# BODY ECLIPSE PILATES®

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The current block of Matwork & Pilates@Home classes finish on **22<sup>nd</sup> March**, with a **2 week** break.

If you wish to continue attending class, April - May information below.  
If you would like to move to a different class please check availability with me.

## **Pilates Matwork Classes • Block 109**

Wednesday **10<sup>th</sup> April – 22<sup>nd</sup> May** 2024

7 week • **£77**

<b>Wednesday</b>	9.30am	Intermediate ~ lv3	Crophorne Village Hall WR10 3NH
	10.45am	Improvers ~ lv2	
	6.30pm	Intermediate ~ lv3	Wulstan Hall, Pershore WR10 1EB
	7.45pm	Intermediate / Advanced ~ lv3-4	
<b>Thursday</b>	9.30am	Intermediate ~ lv3	Eckington Village Hall WR10 3AU
	10.45am	Improvers ~ lv2	
	6.30pm	Intermediate ~ lv3	Crophorne Village Hall WR10 3NH
	7.45pm	Intermediate / Advanced ~ lv3-4	

There are 3 ways to pay by 12<sup>th</sup> April :

- **On-line banking**, with your name as reference  
**Body Eclipse Pilates**, please ask for sort code & account number
  - **Cheque** made payable to **Body Eclipse Pilates**
  - **Cash** [exact amount please]
- Classes are **pre-booked** & payable at the start of each block.  
• **No refunds** are given for **missed classes**, but if you are unable attend any of your classes, I will do my best to offer you catch-up classes during the block.

Thank you, *Melanie*

## **Pilates Matwork Classes 2024**

- **Block 110** Wednesday 5<sup>th</sup> June – Thursday 18<sup>th</sup> July 7 weeks £77
- **Block 111** Wednesday 4<sup>th</sup> September – Thursday 17<sup>th</sup> October 7 weeks £77
- Matwork Classes 1 hour, limited to a maximum of 12 [booking essential]
- Individual classes not paid for as a block ~ **£13 / class**

## **Pilates@Home Classes • Block 23**

Tuesday 9<sup>th</sup> April – Friday 24<sup>th</sup> May 2024

7 week • **£63**

<b>Tuesday</b>	6.15pm	Intermediate ~ lv3
<b>Friday</b>	1.30pm	Improver / Intermediate ~ lv2-3

- 50% reduction in block/class fee for second person from same household

## **Pilates@Home Classes 2024**

- **Block 24** Tuesday 4<sup>th</sup> June - Friday 19<sup>th</sup> July 7 weeks £63
- **Block 25** Tuesday 3<sup>rd</sup> September - Friday 18<sup>th</sup> October 7 weeks £63
- Zoom Classes 1 hour, limited to a maximum of 9
- Individual classes not paid for as a block ~ **£11 / class**

## **Pilates@Home Private Lessons • 8<sup>th</sup> April - 24<sup>th</sup> May 2024**

<b>Monday</b>	10am	11.30am	1.30pm	3pm	4.30pm
<b>Friday</b>	10am	11.30am	~	3pm	4.30pm

- **1:1 Matwork** [1 hr] ~ £40      Block of 3 ~ £110      Block of 5 ~ £170
- **1:1 Matwork** [½hr] ~ £25      Block of 3 ~ £70      Block of 5 ~ £105
- **2:1 Matwork** [1 hr] ~ £55      Block of 3 ~ £150      Block of 5 ~ £235
- Block payments for private lessons are valid for 12 months

## **Referral Bonus**

You receive a **£10 voucher** for each referral that books a block of classes or a Pilates@Home Private lesson. The voucher can be redeemed in part payment for Matwork or Pilates@Home classes or Pilates@Home private lessons.



Matwork • Reformer • Trapeze [www.bodycontrolpilates.com](http://www.bodycontrolpilates.com)



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